



Hummus

Hummus is a delicious blend of chickpeas, sesame tahini, canola oil and spices. Hummus can be used as a dip with pita bread, fresh vegetables or crackers. It is delicious as a spread on sandwiches or as a topping on baked potatoes or grilled meat and chicken.

Hummus is high in protein, dietary fiber and minerals as calcium, manganese and molybdenum as well as in omega-3 and -6 fatty acids and sesamin and sesamol.

Available also as Organic!



FI-EKO-201
EU/Non-EU
Agriculture

Available flavors:

- Traditional Original
- Garlic
- Kalamata
- Sun Dried Tomatoes
- Carrot
- Spicy Jalapeno
- Broad bean

Available packaging 100 g, 150 g and 350 g.

We sell Hummus under ILO Hummus brand. We can also brand it under your own brand and pack it in desired sizes.

- No Cholesterol
- Non Dairy
- No Gluten
- Slow Carbohydrates
- Contains Omega-3 fatty acids
- Low GI-value



Finnish Cheese Company, the gourmet spread specialist

Is your partner for innovative, high quality and tailor-made cheese spreads, hummus and processed cheeses for supermarkets, catering and food service.

We manufacture a large selection of cheese and vegetable spreads in accordance with our customers' individual wishes. Our top priority is to supply high quality, innovative products.

Finnish Cheese Company is located in Jämsä Finland and has specialised in gourmet spreads since 2002.



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