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Ilo Hummus

Ilo Hummus – now in paper carton!



Finnish Hummus since 2007

Ilo Hummus is a delicious and healthy dip and spread. It is made from chickpeas, sesampaste, garlic and canola oil. Hummus is a good source of plant-based protein, fiber and dietary minerals as iron and phosphorus, B vitamins and folate.

8 Ilo Hummus varieties: Original, Jalapeno, Broad Bean, Kalamata Olive, Garlic, Sun Dried Tomato, Carrot, Organic

Package size: 150 g (2 kg industrial/catering sizes also available)

Sales carton: 8 x 150 g

Enjoy Ilo Hummus on your bread or serve it as a side dish or dip with vegetables!

- Dairy free
- Lactose free
- Soy free
- Gluten free
- Does not contain any artificial flavorings
- Good for vegans
- Now available in paper carton



Ilo Hummus Original

Ingredients: Chickpeas, water, sesampaste, canola oil, garlic, salt, acidity regulator (citric acid), preservative (sorbic acid).

Nutritional value/ 100 g: energy 750 kJ/180 kcal, fat 12 g of which saturated fat 1,4 g, carbohydrates 11,5 g of which sugar 2 g, protein 6,2 g, salt 1,1 g.

Our core value at Ilo is environmental friendliness, that's why we decided to be the first in Europe to create a carton package for our Ilo Hummus Original.



Ilo Hummus is produced in Jämsä, Finland. We manufacture a large selection of cheese and vegetable spreads. Our top priority is to supply high quality, innovative delicacy products. Our factory is FSSC 22000 certified. Finnish Cheese Company has specialized in gourmet spreads since 2002.

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